

# Year 3 and 4: Relationships

## Subject Specific Vocabulary

<b>Friendship</b>	A person whom you know well and like and who likes you. This makes you friends.
<b>Support</b>	Helping and taking care of someone.
<b>Wellbeing</b>	Feeling healthy, happy and comfortable.
<b>Communicate</b>	To share information with others by speaking, writing, moving your body or other signals.
<b>Lonely</b>	Feeling alone.
<b>Excluded</b>	Feeling left out.
<b>Argument</b>	A discussion by two or more people who disagree
<b>Solution</b>	Solving a problem.

## How can we be a good friend?



### What I will learn by the end of this topic:

- How friendships support wellbeing and the importance of seeking support if lonely or excluded
- How to recognise if others feel lonely and excluded and ways to include them
- How to build good friendships and understand qualities that contribute to positive friendships
- That friendships sometimes have difficulties and how to manage when there is a problem
- How to recognise if a friendship is making me unhappy, uncomfortable or unsafe and how to ask for support

## Linking Books



## Previous Learning

- I know it is important to tell someone (such as a teacher) if something about my family makes me feel unhappy or worried
- I know I am similar or different to others, and what we have in common